

*Spa Packages*  
*The dEva*  
3 hours \$200

One Hour Custom Facial  
30 Minute Massage  
Teeth Whitening  
Organic Spray Tan

*Chaney~fabulous*  
4.5 hours \$300

One Hour Custom Facial  
One Hour Swedish Massage  
Makeup Lesson with \$25 Gift Certificate  
Teeth Whitening  
Organic Spray Tan

*Isabel of the Ball*  
5.5 hours \$450

90 Minute Deluxe Facial  
60 Minute Signature Massage  
Makeup lesson with \$50 Gift Certificate  
Teeth Whitening  
BOTOX Consult with \$50 Gift Certificate  
Body Scrub with Spray Tan  
Refreshments

*Additional Perks*

<b>25% OFF</b>	<b>15% Off</b>
The purchase of 10 Facial or Massage services of 60 minutes or more	The purchase of 5 Facial or Massage services of 60 minutes or more

*Ask us about Customized Couples Packages and Facial/Massage Packages*



*Dr. Brad Litkenhous*

Professional Memberships include:  
American Academy of Facial Esthetics  
American Academy of Cosmetic Dentistry  
The National Headache Foundation

*Our Professional Team*



*Lindy White, Master Certified Spray Tan Technician*

Lindy can create an organic, full body spray tan without the harmful effects of sunbed tanning. She can customize a tan for all skin colors and types. For after hours or weekend appointments please call 816-769-3159.

*Cassandra Vinson, Licensed Massage Therapist*

"Sand" has over 21 years of nursing experience and is also a licensed massage therapist. She is trained in several modalities of massage and develops a unique massage for each client based on their stated needs. For after hours or weekend appointments please call 334-521-6080.

*Jodi Grigsby, Licensed Master Esthetician*

Jodi brings years of experience and provides services such as facials, chemical peels and waxing treatments. She will work with you to create a customized skin care plan. For after hours or weekend appointments please call 334-703-3604.

*Our Cosmetics Team*



Lindy White, Jodi Grigsby, and Susie Litkenhous



*The Spa Menu*

Brad Litkenhous, D.M.D.  
Family & Cosmetic Dentistry



334.821.2846

[www.auburndentalspa.com](http://www.auburndentalspa.com)

*Amy Head® Cosmetics*

*Makeup Services*

*Makeup Lesson* .....60 min  
Complimentary with 3 product minimum purchase

*Special Occasion Makeup*.....45 min  
\$65 upon booking. The fee is redeemable in cosmetic purchases. (Portraits, Prom, Interviews, etc.)

*Bridal Makeup*.....\$120  
This extensive makeup service includes an initial consultation with the makeup artist to select colors and style and an in-house application on the day of the wedding. The entire fee is due on the day of initial consultation and \$100 of the fee is redeemable in cosmetic products.

*Bridal party packages available*

*Skincare*

*We carry OBAGI and Éminence Organics skincare products.*

*BOTOX / Juvederm*

Dr. Litkenhous is a certified provider for BOTOX and Juvederm. Please call for your free consultation.

*Headache\* Therapy*

Our office provides a range of treatments to help provide relief from chronic head and neck pain, as well as migraines. Pain relief is possible. Please contact us to schedule a consultation with Dr. Brad Litkenhous.

[www.auburnheadachecenter.com](http://www.auburnheadachecenter.com)

\*treating headaches/migraines related to dento-mandibular sensorimotor dysfunction



## Facials

Eye and lip makeup application are complimentary with each facial.

**Custom Facial** ..... 60 min \$75

This indulgent customized facial enlivens the skin, restoring a natural glow, making your complexion look radiant and revitalized. Deep Cleansing, Exfoliation, Gentle Steam, Facial/Neck/Shoulder Massage and Mask are all personalized with your skin in mind.

**Deluxe Facial** ..... 90 min \$110

Our Custom Facial with the added bonus of extended leg/foot treatment and an aromatherapy scalp massage

**Gentleman's Facial** ..... 60 min \$75

Includes cleansing, steam, mask, extended neck-shoulder massage, brow and ear wax/trim

**Teen Facial** ..... 50 min \$55

Cleansing, exfoliating, steam with light massage, extractions and mask

**Clarifying Back Facial** ..... 60 min \$75

A relaxing treatment for the back includes Deep Cleansing, Exfoliation, Steam, Extractions and Purifying Mask

### Facial Upgrades

These services can be added to any facial:

Collagen Face Mask ..... \$20

Collagen Eye Mask ..... \$10

Dermaplaning ..... \$25

Microdermabrasion ..... \$60

## À la Carte

Eye Lash Tint ..... \$20

Eye Lash & Brow Tint ..... \$30

Dermaplaning ..... 30 min \$45

Microdermabrasion ..... 45 min \$110

Gourmet Lunch ..... \$20

## Chemical Peels

Chemical peels can stimulate collagen production to reduce fine lines and wrinkles. They can also improve the appearance of hyperpigmentation and dullness through exfoliation, while softening and smoothing the skin's surface.

### VI Peel

Peel with cleanser ..... \$200

Peel plus booster ..... \$240 - \$260

### PCA Peels

Esthetique Peel ..... 15 min \$25

Hydroquinone & Resorcinol ..... 30 min \$100

Sensi Peel ..... 30 min \$100

### Skincenticals Peels

The following include Dermaplaning & CO2 Ball. Most effective if done in a series.

Glycolic Acid ..... 30 min \$85

Salicylic Acid ..... 30 min \$85

Sensitive ..... 30 min \$85

Cryo-Therapy (CO2 Ball) ..... 20 min \$20

## Waxing

Eye Brow Wax ..... \$15

Upper Lip ..... \$10

Brow, Lip & Chin ..... \$20

Full Face ..... \$25

Underarm ..... \$25

Full Arms ..... \$40

Half Arms ..... \$25

Lower Legs (knee down) ..... \$35

Full Legs (up to bikini) ..... \$60

Bikini (basic) ..... \$30

## Men's Waxing Services

Ear, Nose & Brow ..... \$20

Back ..... \$55 and up

Chest ..... \$30 and up

## Massage Therapy

Add Aromatherapy to any massage session for \$5

### Signature Massage

The ultimate relaxing experience combining Swedish massage, tension-releasing hot stones, steaming hot towels to wash away aches and pains, doTerra essential oils to promote deep relaxation and Reflexology for feet.

60 min ..... \$85    120 min ..... \$150

### Swedish Massage

30 min ..... \$40

60 min ..... \$70

90 min ..... \$110

120 min ..... \$140

### Deep Tissue Sports Massage

20 min ..... \$35

30 min ..... \$45

45 min ..... \$60

60 min ..... \$75

### Hot Stone Massage

70 min ..... \$95

### Prenatal Massage

45 min ..... \$60

### Headache/Sinus Massage

20 min ..... \$30

30 min ..... \$40

60 min ..... \$60

### TMJ Relief Massage

20 min ..... \$30

### Extended Foot Massage

10 min ..... \$15

20 min ..... \$25

30 min\* ..... \$35

\*Includes Sugar Scrub and Reflexology

### Chair Massage

10 min ..... \$10

15 min ..... \$15

20 min ..... \$20

## Body Treatments

Indulge yourself while improving skin texture through exfoliation, moisturization and a relaxing massage.

**Body Polish with Spray Tan** ..... 45 min \$60

Exfoliating massage followed by our organic spray tan and moisturizing treatment.

**Detoxifying Mud Treatment** ..... 75 min \$110

Exfoliation, mud masque followed by a calming full body massage.

## Tanning Sessions

Lindy with Tanology of Auburn can create an Organic, full body Spray Tan without the harmful effects of sunbed tanning. She can customize a tan for all skin colors and types. Her all-Organic Spray Tanning utilizes anti-aging treatments and can de-emphasize freckles, cellulite, stretch marks and varicose veins and can last up to two weeks.

**One Organic Spray Tanning Session** ..... \$32

**Moisturizing Spray (add to any tan)** ..... \$5

**Body Polish with Spray Tanning** ..... 45 min \$60

(see body treatments for additional information)

**Five Organic Spray Tan Package\*** ..... \$130

**Ten Organic Spray Tan Package\*** ..... \$250

\*All tans must be used within 6 months of purchase date.

*Please ask about our cleansers and lotions to extend the life of your tan.*

## Professional Teeth Whitening

Dr. Brad Litkenhous offers professional, Cosmetic Teeth Whitening so you can brighten your smile in about an hour. We use advanced technology to remove decades of staining. Your whiter, brighter smile can last anywhere from 6 months - 2 years, depending on the amount of staining foods and beverages you consume. Look younger with a smile you can be proud of, all in about an hour!

**One Hour Professional Teeth Whitening** ..... \$125

## Custom White & Tan Package

Have a brilliant smile & a gorgeous glow all in 1 hour! This package combines our professional, same-day teeth whitening with one of Lindy's Organic Spray Tans. This package is perfect for weddings, formals, homecoming, portraits, job interviews, prom and any other special event where you want to have a brilliant smile and a gorgeous glow!

**White & Tan Package** ..... \$150

